## **ABSTRACT**

The invention relates to a method of extracting a tooth from the jawbone of a human being or an animal with a tooth extraction instrument, the tooth extraction instrument being able to be brought from an applying position in which the tooth extraction instrument may be applied to the tooth to be extracted into an extracting position in which the tooth extraction instrument is secured to the tooth to be extracted, comprising the steps: applying and grasping the tooth extraction instrument assuming the approaching position to the tooth to be extracted, fixing the tooth extraction instrument on the tooth to be extracted by transferring the tooth extraction instrument from the applying position to the extracting position, and performing extracting movements with the tooth extraction instrument for levering out the tooth to be extracted.